

# College Week

May 18– May 27

This is our last edition for the term. Congratulations to the graduating seniors! We wish you well on your next adventure. Returning Students, have a relaxing and restorative summer! We will see you in September.

## Announcements

**HOUSE LOTTERY will be Wednesday, May 18 virtually.** If you have not selected a room for the 2022–2023 academic year please fill out this [form](#) by 2:00 pm TODAY. You will be emailed details before the end of day.

PARAN CREEK has **two** first floor apartments available for the Fall. They both have two double rooms. If you and three of your besties would like to live here email [Housing](#). You have the option of the Flex7 meal plan too.

**HOUSE CHAIR EVALUATIONS** are [here!](#) Please provide us with anonymous feedback on your House Chair's performance this year. Deadline Wednesday, May 18.

### Hiring for Commencement

Dining Services is seeking individuals to assist with the setup and service of Commencement Dinner on Friday, May 28th. This position requires working as waitstaff or kitchen assistants during the dinner on Friday, May 28th. [Apply through Handshake.](#)

### Summer Job Opportunities in Dining

Dining Services is seeking individuals looking to work full time to assist with dining operations during the campus summer programs. This position includes a wide range of duties involved with preparing and serving food and beverages in the Dining Hall and Roz's Cafe.

Shifts begin the first week of June 2022 and end the week before classes start in August, 2022. To be eligible for the position, applicants must be approved to reside on campus this summer. [Apply through Handshake.](#)

### Bennington College Guest COVID Vaccination Protocol

To enter into a building on campus, visitors need to be vaccinated and are asked to fill out the [visitor form](#)-- ideally at least 24 hours before they arrive on campus. Visitors who have not completed this form will be asked to show their vaccination card before entering any campus buildings. *The visitor registration form must be filled out for any overnight visitor.*

### **Commencement**

Due to the quick turnaround between students leaving campus and other programs coming to our campus, undergraduate students are not able to stay on campus past Friday, May 27th at 12pm. This means there cannot be student guests at commencement, unless you are able to find housing accommodations off-campus.

### **On-Campus Fires**

There have been a number of campfires around campus (Stokes, Farmhouse, Ohio lot). The state of Vermont is currently under a burn ban. It is very dangerous to have open fires. Although it rained recently, with the low snowpack we had this year, lack of spring rains, the underbrush and leaf floor are very dry. One spark could easily create a large grass or forest fire. Please use fireplaces in the houses if you'd like to enjoy a fire.

Additionally, we've been informed by the North Bennington Fire Department that the Fire Marshall may levy a \$500 fine for any evidence of open burning during the ban.

### **Review/Update Your Contact Information and Forwarding Address**

Please review the [contact information](#) we have on record for you to be sure it is correct. If you would like to have your mail forwarded to you over the summer, please complete the [Contact Information Form](#) by May 20. You can also update your parent/guardian, emergency, or missing person contact information here. Once you press submit, this information will update Populi automatically.

### **American Academy of Poets Prize**

We are excited to announce that poet Dora Malech has selected the poem "Vol. 42, No. 8" by Hannah Bardhi '25 as the winner of this year's Academy of American Poets Prize Competition out of 99 poems submitted by 33 Bennington students. In recognition, Hannah will receive \$100 and publication on the Academy of American Poets website, [poets.org](#). The poem "Nymph" by Gerardo Azpiri Iglesias '22 has been selected as the official Honorable Mention in this year's contest. Also, Dora Malech wanted to recognize "Skirt Song" by Willa Brosnihan '25 as an additional runner-up. Congratulations to Hannah, Gerry, and Willa, and thank you to everybody who submitted their work.

# Summer Storage Information

Storage containers have started to arrive!

The last day you will have access to the containers are May 25th. You will not have access to the containers until they are returned to campus on August 29, 2022. Please be sure to not pack any important documents. We will again coordinate storage hours for the beginning of term for students to retrieve their belongings. Containers will need to be emptied by September 13, 2022.

You can purchase storage bins at Walmart, Home Depot or Job Lots.

The cost for the summer storage is \$75 for the entire 3 months. Here is the [Summer Storage application](#). You must pay for your storage before placing your bins in the containers. You can pay in the Student Life Office, Monday – Friday 9 am – 5pm with cash, check or your Bennington Card or you may pay with a credit card via the [Bookstore](#).

- Fill out the [Storage Form](#) by May 20th and note if you are an international student, House Chair, or otherwise will need to be on campus earlier than most students due to a campus job.
- Secure storage bins. You can find storage bins at our local Home Depot, Walmart and Job Lot. We recommend using plastic storage bins over cardboard boxes.
- Bins must be labeled securely with your full name on the top and short sides. Anything that is not labeled may get disposed of.
- Storage containers will be labeled by street. Please store your belongings based on your fall housing.
- Once you put your belongings in the storage containers we cannot retrieve any forgotten belongings.
- Mini Fridges must be defrosted prior to storage.
- Non-college issued furniture may be stored and should be boxed up if possible.
- Please take as much stuff home with you as possible as space is limited.
- The fee for storage for the summer is \$75.00 payable to the Student Life Office with cash, check, or with your Bennington card, or with credit/debit on the [bookstore website](#).

The storage containers will be taken to a warehouse on May 24th, 25th, and 26th, and cannot be accessed from those dates until August 29th. Storage containers will be open during these hours:

Tuesday, May 17th–Friday, May 20th: 6pm–9pm

Saturday, May 21st and Sunday, May 22nd: 12pm–6pm

Monday, May 23rd–Wednesday, May 25th: 6pm–10pm

## Vermont Voters

*Attention voters!* If you are a Vermont resident that is registered to vote, please stop by to sign ballot nominations for progressive candidates at the Post Office or Student Life! This is only to **qualify** individuals for running in the August primaries!

[Prop 5](#) has passed the House and the Senate, and goes to the voters this November. Prop 5 puts reproductive liberties into the Vermont State Constitution. Don't forget to register to vote! All on-campus students qualify as a Vermont resident and can register in Vermont.

## Events

FINAL CAPA ADVANCED WORKSHOP 2022	
<p><b>Gwen Asher</b> Adolescent Worldbuilding This installation features posters made by students at the Mount Anthony Union Middle School during a worldbuilding workshop, highlighting four unique worlds that reflect their imagination and research into a chosen topic. May 16-25 CAPA outside design lab 2</p>	<p><b>Nori Hilton and Mady Wilson</b> Resource Library Opening May 22nd 5:00 PM Quiet Study Room in Crossett Library Open to the Community All campus community members are invited to join students for the unveiling of the Restorative Justice Resource Library. Pizza and refreshments will be provided.</p>
<p><b>Sally Fletcher</b> Community Gardens for Nourishing Resistance May 18-25 Table Exhibit outside CAPA Symposium</p>	<p><b>Glyn Wilson-Charles</b> with(in) an ode to place, a dream for the future, a eulogy for the past, imagining new relationships between people and land. May 23-27 CAPA Lens</p>
<p><b>Eunice Rodriguez</b> Safety Informational Brochures on Common Chemicals Use in Dairy Farms Thursday, May 19 - 27, 2022 Table Exhibit at CAPA Entrance</p>	<p><b>Srichchha Pradhan</b> Screen Shot of Deego Prana, Website of Sustainable Businesses of Nepal May 23-27 Entrance to CAPA Look Out for Srichchha's "Multi-Species Community Building and Posters Around Campus."</p>
<p><b>Andrea Cosca</b> Who Holds Up Half the Sky? Podcast May 20, 7:00 PM QR code</p>	<p>Look out for the work of: <b>Rojay Brian and Libby Green</b> at the Purple Carrot Farm planting of Permaculture and Chestnut Trees <b>Marley-Rose Liburd</b> and the website for the WE Collective <b>Celina Einem</b> and an installation in upstairs Newman Court <b>Bryce Sullivan</b> and students from the Robert Frost program at Mount Anthony Union High School at the Food Summit, May 21, at the Vermont Community Garden 10-12 PM. <b>Alexis Johnston</b> The Slow Rise: Climate Change in Buffalo, NY May 25-28 CAPA Wall</p>
<p><b>Kaylyn Riddell</b> "engagement, connection: reimagining adolescent sustainability education: a participatory display of research and writing" May 20-26 Outside CAPA near large rocks • CAPA Apartments</p>	
<p><b>Nori Hilton and Mady Wilson</b> Final Student Circle May 22, 3:30 - 5:00 PM Quiet Study Room in Crossett Library Open to Students Join us for the final student circle of the semester for an opportunity to reflect on this term and look forward to the next in community with your fellow students.</p>	

# PLATFORMS

## La Tiendita

Daniela Naranjo-Zarate  
& Florence Gill  
May 5th & 6th at 7:00  
Margot Tenney

## Monteras

Mary Brothers  
May 9th at 7:00  
CAPA

## Golden Chain

Benjamin Wickett & Hazel Peters  
May 8th at 7:00 & 15th at 2:00  
Margot Tenney

## Barkeeps's Last Call

Jo Gratz & Hazel Peters  
May 11th  
On Spotify or wherever  
you stream podcasts

## 786

Muhammad Ammar &  
Samuel De Sousa De Abreu  
May 13 & May 14 at 8:00  
Margot Tenney

## The Kentucky Cycle

Selected Scenes  
Jacob Sanders  
May 12th at 7pm  
Kino

## Bohemia

Christopher Robin Wamsley  
May 18th at 7:30  
The Secret Garden

## Drag Show

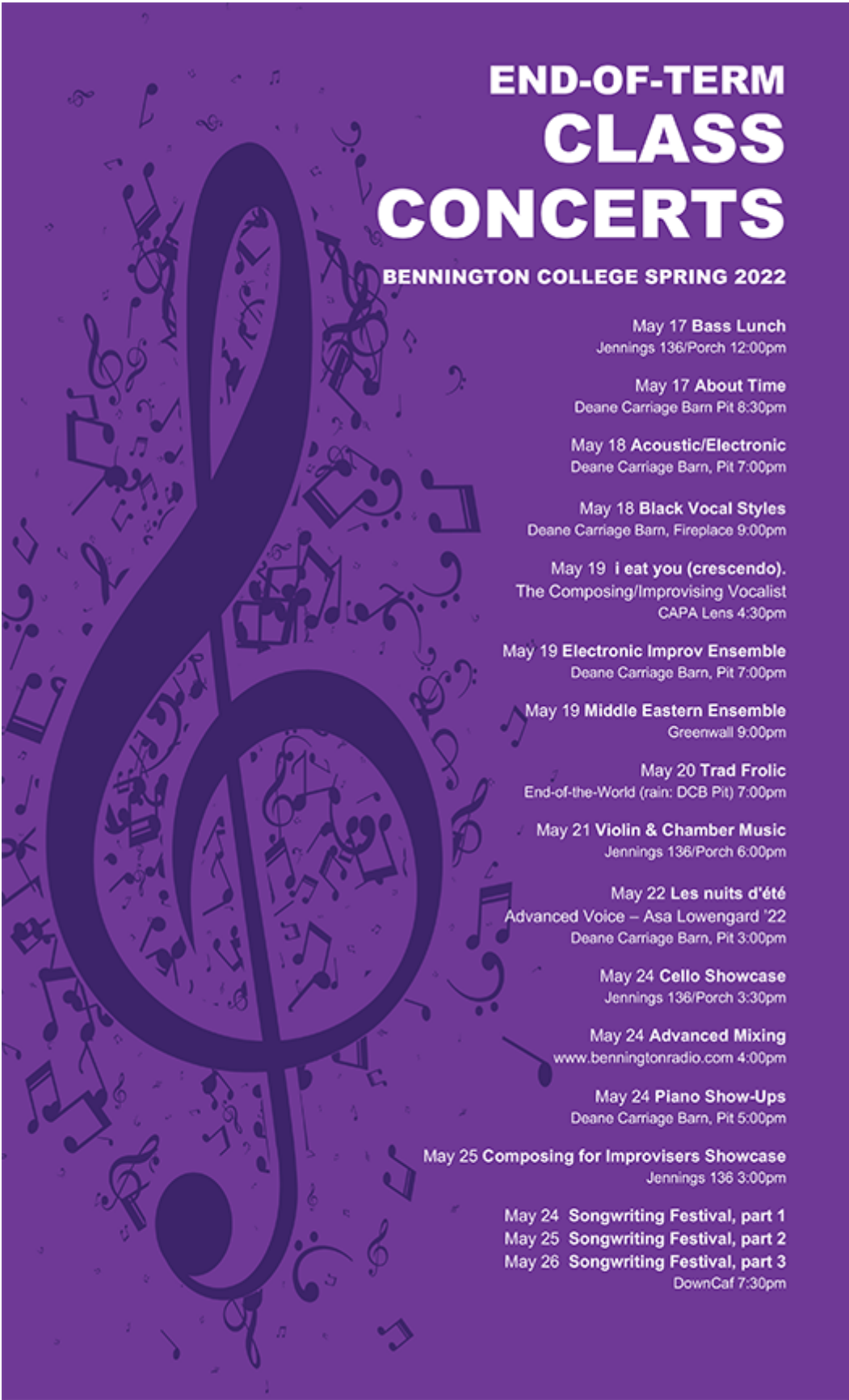
Pietrina Poritzky  
May 22nd at 10:00  
& 24th at 8:30  
Margot Tenney

## Sexual Perversity in Chicago

Marley-Rose Liburd  
May 20th and 21st at 5pm  
Rain dates: May 23rd and 24th at 5pm  
The Tennis Court

## Bert and Sarah

Camille Cuzzupoli  
May 22nd at 12pm  
Margot Tenney



# END-OF-TERM CLASS CONCERTS

**BENNINGTON COLLEGE SPRING 2022**

**May 17 Bass Lunch**  
Jennings 136/Porch 12:00pm

**May 17 About Time**  
Deane Carriage Barn Pit 8:30pm

**May 18 Acoustic/Electronic**  
Deane Carriage Barn, Pit 7:00pm

**May 18 Black Vocal Styles**  
Deane Carriage Barn, Fireplace 9:00pm

**May 19 i eat you (crescendo).**  
The Composing/Improvising Vocalist  
CAPA Lens 4:30pm

**May 19 Electronic Improv Ensemble**  
Deane Carriage Barn, Pit 7:00pm

**May 19 Middle Eastern Ensemble**  
Greenwall 9:00pm

**May 20 Trad Frolic**  
End-of-the-World (rain: DCB Pit) 7:00pm

**May 21 Violin & Chamber Music**  
Jennings 136/Porch 6:00pm

**May 22 Les nuits d'été**  
Advanced Voice – Asa Lowengard '22  
Deane Carriage Barn, Pit 3:00pm

**May 24 Cello Showcase**  
Jennings 136/Porch 3:30pm

**May 24 Advanced Mixing**  
[www.benningtonradio.com](http://www.benningtonradio.com) 4:00pm

**May 24 Piano Show-Ups**  
Deane Carriage Barn, Pit 5:00pm

**May 25 Composing for Improvisers Showcase**  
Jennings 136 3:00pm

**May 24 Songwriting Festival, part 1**

**May 25 Songwriting Festival, part 2**

**May 26 Songwriting Festival, part 3**  
DownCaf 7:30pm

## **FLoW Study Break**

Come by the **Commons First Floor Lounge** on **Tuesday's between 4pm and 5pm** for a chance to hang out with the FLoW interns (and grab a snack). The interns will be there to chat with you about all of FLoW's cool initiatives.

**May 18 | A conversation with Jordan Thomas '92 and WAMC Northeast Public Radio host, Joe Donahue | Tishman Auditorium or Virtual**

[Jordan Thomas '92](#) will be joined by CAPA Director Susan Sgorbati '72 MFA '86 in conversation with WAMC host Joe Donahue as part of "The Art of the Interview" class. Jordan will share his Bennington experiences, professional trajectory and his work as an advocate for whistleblowers. [RSVP to attend in person](#) at Tishman Auditorium, 4:30 pm – 5:30 pm EST or [join virtually](#). Request a recording of the interview on the RSVP form.

**Closing of "Bulawayo to Bennington: Diasporic Rendition, Blackness as Liberty"**

May 23, 7.30pm Barn Gallery

With work by Tinashe Chiura, Curated by Albert Aleksanyan

**I'm pleased to invite you to the virtual launch of my newest podcast "Who Holds up Half the Sky" on May 20 at 7 pm.**

"Who Holds up Half the Sky" is an investigative podcast discussing the possibilities of advancing feminist activism in China under censorship and lack of free speech. Influential activist figures appear in China's history from the Qing dynasty to the Maoist era with its famous quote: "Women Hold up Half the Sky". But Chinese women have undergone much pressure from foot binding and arranged marriages to unequal pay and domestic violence. Over the years, I have dived deeper into issues of multiculturalism, social activism, and gender identities. This work defines my curiosity which stems from a continuous movement through distinct cultural spaces, which started in China.

The event will be a panel discussion with the creator, [Andreea Coscai](#), and her guests: activist & writer [Lisa Li](#), and author & scholar [Ann Feldman](#). There will be an opportunity to ask questions to the interviewees and collectively discuss the issue of feminist activism in China, censorship, and international collaboration. Hope to see you there!

You can read more about the podcast, and the research for it, as well as listen to the full interviews and the full-length podcast here: [Sound Projects – Andreea Coscai](#).

Please join the event with the following

link: <https://us02web.zoom.us/j/83753305811>

**Restorative Circle**

This semester, students have been conducting weekly restorative circles to discuss



campus-wide issues and build community within the student body. The final circle of this semester will be held on May 22 and will be an opportunity for students to come together and reflect on this semester and look forward to the next. Circles are a practice rooted in various indigenous cultures that facilitate storytelling and community building by giving each participant an opportunity to share in their own time and listen to others' responses to a collective question. Circles are a practice at the roots of restorative justice and we encourage all those who are curious, excited, skeptical, confused, and interested to join! All students are welcome.

## Virtual Office Hours

All hours are EST.

### **STUDENT LIFE OFFICE**

Dr. Li-Chen Chin: Dean of Student Life, open office hour: Thursdays 12:30–2pm, [email](#) for an appointment.

Cathy Anthofer–Fialon: Campus Safety Director  
My temporary office is located in Barn 113 (Student Life Office). I am in Office "F". If my door is open, please feel free to step in to chat. If you want to arrange a time to meet, please email me at [cathyanthoferfialon@bennington.edu](mailto:cathyanthoferfialon@bennington.edu).

### **HOUSING & RESIDENCE LIFE**

Christine Congelosi–Lulla: Assistant Director of Housing Operations, [email](#) for an appointment.

### **OFFICE OF STUDENT ENGAGEMENT**

Drew Hutchinson: Assistant Director of Student Engagement, Clubs & Orgs., [email](#) for an appointment.

### **FIRST YEAR EXPERIENCE & INTERNATIONAL SERVICES**

Kate Child: Associate Dean for Academic Services  
On Campus: Monday & Thursday  
Wednesdays: 12:00 – 1:00 pm [Zoom Open Hour](#)  
Fridays: 1:00 – 2:00 pm [Zoom Open Hour](#)

Rage Hezekiah: Associate Director of Academic and International Student Services



M: 2:00–3:00pm EST – [Zoom Open Hour](#)  
T: 9:00am–10:00am EST – [Zoom Open Hour](#)  
W: 10:30–11:30am EST – [Zoom Open Hour](#)  
Th: 1:00pm – 2:00pm EST – [Zoom Open Hour](#)  
F: 9:00am – 10:00am EST – [Zoom Open Hour](#)

Sbobo Ndlangamandla:

M: 4:00pm – 5:00pm  
T: 11:30am – 12:30am  
W: 4:00pm – 5:00pm  
Th: 9:00am – 10:00am  
F: 1:00pm – 2:00 pm

Via Zoom or in person appointment, contact [sndlangamandla2@bennington.edu](mailto:sndlangamandla2@bennington.edu)

ISS Intern Open Hours

Kunlek Tamang: Tuesdays 5:00pm – 6:00pm in Dining Hall

Iva Sopta: Tuesdays 3:00pm – 4:00pm, Friday 12:00 – 1:00pm in Dining Hall,  
walks during warm weather

Desire Chimanikire: Fridays 2:00pm – 4:00pm in Commons 302

Malvika Dang: Thursdays 10:00am – 11:00am, Fridays 4:00pm – 5:00pm at Roz's  
Cafe

### **ACADEMIC SERVICES**

Katy Young Evans: Director of Academic Services

Mondays, Fridays 10:00–11:00 am [Zoom Open Hour](#)

Tuesdays 1:00–2:00 pm [Zoom Open Hour](#)

Thursday 4:00–5:00 pm [Zoom Open Hour](#)

Noelle Everett Murphy: Associate Dean of the College

Mondays, 9:00–10:00 am – [Zoom Open Hour](#)

Fridays 12:00–1:00 pm – [Zoom Open Hour](#)

Jennifer Burg: Assistant Director of Academic Services and Student Grants  
Counselor

[Monday through Friday from 10:30am – 11:30am](#)

### **OFFICE OF THE PROVOST**

Dr. Maurice Hall, Provost: Contact [Kelly Hayes](#) to schedule an appointment.

## **PRESIDENT'S OFFICE**

Laura Walker: President

Please contact [Shannon Howlett](#) to schedule a private appointment.

We welcome invitations for President Walker to join events being hosted by students. We'd love to hear from you! If you have an event you'd like for President Walker to attend, please contact [Shannon Howlett](#) to coordinate.

Alfredo Medina, Jr., Ph.D.,: Vice President of Diversity, Equity, and Inclusion and College Diversity Officer, open office hours on Tuesdays 2:00 – 3:00 pm in Barn 101. Walk-ins are welcome or to schedule an appointment please [email](#).

Xiomara Giordano: Associate Director of the Office of Diversity Equity and Inclusion.

Fridays, 9:00–10:00 am [Zoom Open Hour](#) or to schedule an appointment please [email](#).

## **STUDENT HEALTH CENTER**

Ali Tartaglia: Director of Student Health Promotion, [email](#) for an appointment or call or text, 24/7, 802-440-4444.

Kat Daley, LICSW: Director of Counseling and Psychological Services, email [psychservices@bennington.edu](mailto:psychservices@bennington.edu) to receive a link to schedule a triage appointment if you want to get connected with counseling services or to reserve a drop in session for more immediate support available everyday between 12:00 and 1:00 p.m.

# Career Development and Field Work Term

The last day to add or change your summer FWT is May 20. All FWTs must be registered [here](#). Failure to register a required 2022 FWT may result in a Fail assessment in Populi.

**\*\*PAID\*\***, On-site Summer 2022 FWT Opportunities Here Are some summer FWT positions to help you in your search. Keep checking Handshake for updates!

- [Intern – Wave Farm](#)
- [Camp Kidspace Counselor – MASS MoCA](#)

- [Creative Assistant – Sage Street Mill](#) (local!)
- [Arts & Wellness Camp Counselor – Sage Street Mill](#) (local!)
- [Family Programs Intern – Seattle Art Museum](#)
- [Public Engagement Intern – Seattle Art Museum](#)
- [Emerging Arts Leader Intern – Seattle Art Museum](#)

Completed an Academic Year (campus job) FWT? The following was Due MAY 14

- Reflective Assignment (Check your email: a survey link was sent to you via Handshake) Double check that this email has not been filtered out of your primary inbox.
- Update your Handshake Profile and Resume [resume guide](#)
- Remind your supervisor to submit the employer evaluation ASAP. (not applicable for PTO)
- Submit Timesheet: [timesheet form](#) (Required only for supplemental hours and pto hours.)

\*Extended Office Hours\*– The FWT and Career Development Office will be offering extended evening hours to give students an opportunity to come into the office and request help with registering for a summer FWT experience. The office will be staffed for evening hours on the following dates: Monday, 5/9 9am–6:30pm, Monday, 5/16 9am–6:30pm, and Thursday, 5/19 9am–6:30pm.

Summer FWT Check In – stop into the office before May 20th for a quick 10–15 minute appointment to check in with us about your summer FWT.

Senior Career Advising

We are here to help with your post-graduation plans. Our Career Counselor Steven Young is available for advising on career goals, networking, job referrals, interview preparation, resume and cover letter revision, digital profile creation, and more. You don't have to figure it all out on your own! Please continue to utilize our [office and resources](#) and make an appointment on [Handshake](#).

Student Career Assistant Appointments – Did you know our office has several student career assistants that are happy to help you navigate Handshake, register a FWT, review your resumes and cover letters, plus answer general questions about FWT? Book an appointment to meet with one of them today! Make an appointment via your Handshake account and select FWT Peer Advising with a Student Career Assistant.

#### Student Employment

All available student jobs for Summer '22 are posted on Handshake ([direct link](#)). Please note that students must be approved for summer housing before being hired for a summer position. More information to come.

Please reach out to [Student Life](#) with any questions regarding housing for the summer months. If you have any questions about student employment or need assistance securing a campus job, please [contact us](#). For questions about your work award status, please contact financial aid or review your aid award on [My Financial Aid](#).

#### Ways to Connect With Us

[Email](#) or call us at (802) 440-4321

Our socials: [Instagram](#) | [Facebook](#) | [Career Convos podcast](#) | [YouTube Channel](#)  
[Schedule a Career Counseling appointment](#)

#### Drop-In Hours:

Tuesdays 11:00 am to 2:00 pm EST

Wednesdays 11:00 am to 2:00 pm EST

Fridays 1:00 pm to 4:00 pm EST

## Housing Matters

Welcome to Housing Matters. Here we will post reminders, events and information. Please reach out to [Housing](#) at any time with any questions. Our offices are located in the UpCaf.

**HOUSE LOTTERY will be Wednesday, May 18 virtually.** If you have not selected

a room for the 2022–2023 academic year please fill out this [form](#) by 2:00 pm TODAY. You will be emailed details before the end of day.

**HOUSE CHAIR EVALUATIONS** are [here!](#) Please provide us with anonymous feedback on your House Chair's performance this year. Deadline Wednesday, May 18.

**REMINDERS:**

- Free Piles in houses will not be allowed. There are blue bins available in the Student Center. Please feel free to bring your free pile items to the Student Center and drop them in the bins.
- There are very few plastic storage bins available – check in the Student Life Office. You can buy some at Walmart, Home Depot or Job-Lot.
- If you currently have items in Bingham basement, Fels, Sawtell or Noyes basement storage and hallway closets those items must be removed by the end of term. Any items left behind by current students will be donated.
- At the end of the Spring term there is a quick turn around of campus housing to get ready for MFA students to come to campus. Everyone must be off campus by Sunday, May 29. Please plan accordingly. More details in the End of Term Announcements.

## Student Health Promotion

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**BENNINGTON COLLEGE STUDENT HEALTH CENTER  
GROUP SCHEDULE SPRING 2022**

**BALANCING AND PROCESSING DIFFICULT EMOTIONS, STRESS, AND TRAUMA  
TUESDAY AT 7:00 P.M. ON ZOOM WITH LISA CARTON [HTTPS://US02WEB.ZOOM.US/J/8023795456](https://us02web.zoom.us/j/8023795456)**

LEARN AND CHOOSE FROM A SPECTRUM OF TECHNIQUES FOR TRANSFORMING PAINFUL EXPERIENCES INTO A VIBRANT AND JOYFUL LIFE. TOGETHER WE WILL LEARN AND PRACTICE SIMPLE AND EFFECTIVE (AND VERY POWERFUL!) WAYS TO WORK WITH EVERYTHING ARISING NOW. THINK OF EACH OF US AS ENERGETIC "STORE-HOUSES", AND LET'S "REGENERATE" OUR ENERGY AND PUT IT RIGHT INTO CREATING OUR HEART'S DESIRES!  
THIS ONGOING GROUP WILL OFFER A VARIETY OF EASTERN AND WESTERN STRATEGIES INCLUDING COMPONENTS OF EMDR, QIGONG, ENERGY MEDICINE YOGA, EFT, AND CREATIVE VISUALIZATION. NO EXPERIENCE IN ANY IS REQUIRED, AND IF YOU'RE CURIOUS THIS IS THE PERFECT SPACE TO START.

**MINDFULNESS MEDITATION  
WEDNESDAYS AT 9:00 ON JOIN ZOOM MEETING  
ID: 99079887458  
PASSWORD: 340246**  
START YOUR DAY AND GROUND YOUR WEEK WITH A MINDFULNESS BASED MEDITATION PRACTICE. DROP IN OR REGULAR PARTICIPATION WELCOME.

**SEXUAL TRAUMA SURVIVORS SUPPORT GROUP  
TUESDAYS, 7PM**  
HEALTH CENTER WAITING ROOM, WITH ALI TARTAGLIA

**DBT, ETC.: SKILLS FOR COPING, CONNECTING, AND CREATING THE LIFE YOU WANT TO LIVE  
SATURDAYS AT 1:00 P.M. AT THE STUDENT HEALTH CENTER WITH KAT DALEY**  
BROKEN UP INTO SKILL BASED DISCUSSION SESSIONS APPLIED TO OUR WEEK TO WEEK EXPERIENCES WITH PRACTICAL TOOLS TO TAKE WITH YOU AND PRACTICE IN BETWEEN. FOCUSES ON MINDFULNESS, INTERPERSONAL/RELATIONSHIPS, TOLERATING DISTRESS, AND EMOTIONAL REGULATION.

**SUBSTANCE USE AFFECTS US ALL!  
SUNDAYS AT 2:00 P.M. ON ZOOM WITH LISA CARTON [HTTPS://US02WEB.ZOOM.US/J/8023795456](https://us02web.zoom.us/j/8023795456)**  
WHETHER YOU IDENTIFY AS BEING IN RECOVERY, ARE EXPLORING USE OPTIONS INCLUDING ABSTINENCE, OR ARE STRUGGLING WITH A FRIEND/PARTNER/FAMILY MEMBER/ROOMMATE WHO'S HAVING ISSUES WITH ADDICTION/SUBSTANCE USE, THIS IS A GREAT PLACE TO POP INTO AND LISTEN AND SHARE YOUR EXPERIENCES AS WELL AS LEARN HELPFUL RESOURCES.

**LGBTQ+ COMMUNITY BUILDING  
WEDNESDAYS, 7:00PM ON ZOOM WITH LISA CARTON [HTTPS://US02WEB.ZOOM.US/J/8023795456](https://us02web.zoom.us/j/8023795456)**  
EVERYONE KNOWS BENNINGTON IS SOOO QUEER... HERE'S A SPACE TO CHAT ABOUT ALL OF YOUR EXPERIENCES OF IT. SUPPORTIVE TIME TO EXPLORE ANY AND ALL SEXUALITY AND GENDER ISSUES, AS WELL AS LOOK AT POSSIBILITIES FOR CAMPUS LIFE THAT YOU'D LIKE TO SEE.

**SUPPORT GROUP FOR CHRONICALLY ILL AND DISABLED STUDENTS  
SUNDAY, 7:00PM**  
LIBRARY, 3RD FLOOR WITH ALI TARTAGLIA

**FOOD AND BODY IMAGE  
SUNDAY, 1PM [HTTPS://US02WEB.ZOOM.US/J/8023795456](https://us02web.zoom.us/j/8023795456)**  
PLEASE JOIN US TO EXPLORE OUR RELATIONSHIPS WITH FOOD AND OUR BODIES AND HOPEFULLY HAVE SOME FUN DOING IT. CO-LED BY LISA CARTON AND PENNY OWEN

**BENNINGTON COLLEGE STUDENT HEALTH CENTER  
GROUP SCHEDULE SPRING 2022**

**BALANCING AND PROCESSING DIFFICULT EMOTIONS,  
STRESS, AND TRAUMA**

**TUESDAY AT 7:00 P.M. ON ZOOM WITH LISA CARTON  
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**SUBSTANCE USE AFFECTS US ALL!**

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**FOOD AND BODY IMAGE**

**SUNDAY, 1PM WITH PENNY OWEN AND LISA CARTON  
[HTTPS://US02WEB.ZOOM.US/J/8023795456](https://us02web.zoom.us/j/8023795456)**

**PLEASE EMAIL ALL COLLEGE WEEK SUBMISSIONS  
TO [COLLEGEWEEK@BENNINGTON.EDU](mailto:COLLEGEWEEK@BENNINGTON.EDU) BY MONDAY AT NOON  
FOR INCLUSION IN THAT WEEK.**