# Dining Hall Weekly Menu February 26 - March 4 2007

## **Available Every Day:**

Breakfast: Chilled Juices, Cold Cereals, Yogurt, Soy Yogurt, Fresh Bagels, Fresh Fruit, MYO Waffle Bar, Vegan Waffles, Vegan Pancakes to Order, Daily Breakfast Pastries

Lunch: Salad Bar, Deli Bar, Pasta Bar, Wok Station, Daily Pizza, Fresh Fruit, Cold Cereals, Yogurt/Soy Yogurt, Fresh Bagels, Brown Rice, Refried Beans, Black Beans, Fresh Baked Cookie of the Day, Frozen Yogurt, Ice Cream

Dinner: Salad Bar, Deli Bar, Pasta Bar, Brown Rice, Refried Beans, Black Beans, Fresh Baked Bread, Frozen Yogurt Fresh Fruit, Cold Cereals, Yogurt/Soy Yogurt, Wok Station, Pizza Station

# 2/26 Monday:

Breakfast: Oatmeal, Hard Boiled Eggs, Scrambled Eggs, Cheesy Scramble, Eggs to Order, Cook's Choice Pancakes, Bacon Strips, Fakin' Bacon, Tater Tots, Green Beans

Lunch: Vegetarian Split Pea Soup, Meat Lover's Pizza, Italian Deli Stromboli, Tofu and Artichoke Melts, Vegan Spinach Cakes with Tomato Concasse, Sunshine Blend Vegetables, Steamed Corn, Steak Fries, Timmy's Magic Cookie Bars

Dinner: Chicken Marbella, Vegan California Chili, Edamame with Bell Peppers and Onions, Quinoa with Basil and Caramelized Onions, Assorted Fruit Pies

## 2/27 Tuesday:

Breakfast: Cream of Wheat, Hard Boiled Eggs, Scrambled Eggs, Garden Scramble, Eggs to Order, Cinnamon Raisin French Toast, Sausage Links, Vegan "Sausage", Home Fries, Zucchini

Lunch: Portuguese Kale and Potato Chowder, Four Cheese Pizza, Gyros with Pita Bread and Cucumber Sauce, Tofu Gyros, Garlic Lentils, Greek Spinach Salad, Vegetable Medley, Steamed Zucchini, Turtle Brownies

Dinner: BBQ Spare Ribs, Cajun Catfish, Vegan BBQ Riblets, Steamed Collard Greens, Steamed Cauliflower, Monterey Jack, Corn and Roasted Red Pepper Risotto, Onion Rings, Texas Sheet Cake

# 2/28 Wednesday:

Breakfast: Oatmeal, Hard Boiled Eggs, Scrambled Eggs, Eggs Benedict, Cinnamon French Toast Canadian Bacon, Fakin' Bacon, Crispy Cubed Potatoes, Yellow Squash

Lunch: Roasted Red Pepper Cream Soup, Meat Lover's Pizza, Chicken Breast Parmigiana, Eggplant Cacciatore, Herbed Linguini, Steamed Peas, Steamed Cauliflower, Chocolate Tarts with Whipped Cream

Dinner: Grilled Rosemary Lamb with Pearl Onions and Kalamata Olives, Lemon Baked Haddock, Garden Stuffed Peppers, Steamed Baby Carrots, Steamed Brussels Sprouts, Basmati Rice, Pound Cake with Strawberries

### 3/1 Thursday:

Breakfast: Cream of Rice, Hard Boiled Eggs, Scrambled Eggs, Mexican Scramble, Eggs to Order, Chocolate French Toast, Sausage Links, Vegan "Sausage", Hash Browns, Cauliflower

Lunch: Cream of Broccoli Soup, Four Cheese Pizza, Gourmet Hot Dog Bar, Vegan Vegetable Chili, Steamed Broccoli, Steamed Yellow Squash and Roasted Red Peppers, French Fries, Rice Krispies Squares

Dinner: Montreal Grilled Chicken Breasts, Stuffed Shells with Marinara, Vegan Stuffed Shells with Marinara, Steamed Broccoli, Winter Vegetable Blend, Baked Potato Bar, Carrot Cake with Cream Cheese Frosting

### 3/2 Friday:

Breakfast: Oatmeal, Hard Boiled Eggs, Scrambled Eggs, Greek Scramble, Eggs to Order, Cook's Choice Pancakes, Bacon Strips, Fakin' Bacon, Country Potatoes, Broccoli

Lunch: Tomato Soup, Meat Lover's Pizza, Grilled Cheese, MYO Indonesian Tofu and Peanut Salad Wraps, Sesame Chicken Stir Fry, Steamed Zucchini, French Fries, Carrots, Pineapple and Roasted Red Peppers, Black Forest Brownies

Dinner: Cuban Beef and Bell Peppers, Vegan Vegetable Etouffe, Akara Bean Cakes, Steamed Spinach, Steamed Brussels Sprouts, Red Beans and Rice, Chocolate Banana Cake

#### 3/3/ Saturday:

Brunch: Soup of the Day, Cheesy Grits, Hard Boiled Eggs, Scrambled Eggs, Denver Scramble, Cinnamon French Toast, Frizzled Ham, Crispy Cubed Potatoes, Yellow Squash

Dinner: Roast Turkey Breast with Gravy, Tofurkey, Peas and Pearl Onions, Cinnamon-Spiced Apples, Bread Stuffing, Roasted Sweet Potatoes, Pumpkin Pies with Whipped Cream

## 3/4 Sunday:

Brunch: Soup of the Day, Maypo, Hard Boiled Eggs, Scrambled Eggs, Fried Eggs, Bacon, Egg and Cheese Biscuits, Turkey Sausage Links, Vegan Sausage, Home Fries, Spinach, Omelet Station

Dinner: Taco Night: Beef, Fish, Chicken and Tofu Taco Fillings, Taco Topping Bar, Nacho Grande, Mexican Bean Bake, Steamed Corn, Cornbread, Ice Cream Sundae Bar