Dining Hall Weekly Menu April 9 - April 15, 2007

# **Available Every Day:**

Breakfast: Chilled Juices, Cold Cereals, Yogurt, Soy Yogurt, Fresh Bagels, Fresh Fruit, MYO Waffle Bar, Vegan Waffles, Vegan Pancakes to Order, Daily Breakfast Pastries

Lunch: Salad Bar, Deli Bar, Pasta Bar, Wok Station, Daily Pizza, Fresh Fruit, Cold Cereals, Yogurt/Soy Yogurt, Fresh Bagels, Brown Rice, Refried Beans, Black Beans, Fresh Baked Cookie of the Day, Frozen Yogurt, Ice Cream

Dinner: Salad Bar, Deli Bar, Pasta Bar, Brown Rice, Refried Beans, Black Beans, Fresh Baked Bread, Frozen Yogurt Fresh Fruit, Cold Cereals, Yogurt/Soy Yogurt, Wok Station, Pizza Station

# 4/9 Monday:

Breakfast: Oatmeal, Hard Boiled Eggs, Scrambled Eggs, Cheesy Scramble, Eggs to Order, Cook's Choice Pancakes, Bacon Strips, Fakin' Bacon, Tater Tots, Green Beans

Lunch: Thai-Style Pumpkin Soup, Meat Lover's Pizza, Southern Fried Chicken with Country Sausage Gravy, Jambalaya Pasta, Waffle Fries, Gardenburger Nuggets, Steamed Corn, Steamed Swiss Chard, Peach Cobbler with Whipped Cream

Dinner: Pork and Pear Saute, Roasted Salmon with a Fennel-Bell Pepper Relish, Baked Portobello Mushrooms with a Red Onion Confit, Steamed Broccoli, Vegetable Medley, Herbed Orzo in Olive Oil, Double Fudge Ribbon Cake

#### 4/8 Tuesday:

Breakfast: Cream of Wheat, Hard Boiled Eggs, Scrambled Eggs, Garden Scramble, Eggs to Order, Cinnamon Raisin French Toast, Sausage Links, Vegan "Sausage", Home Fries, Zucchini

Lunch: Cream of Cauliflower Soup, Four Cheese Pizza, Beef, Chicken and Tofu Fajitas, Mexican Topping Bar, Broccoli, Red Pepper and Cheddar-Jack Stratta, Garlic and Fennel Seed Roasted Vegetables, Steamed Broccoli, Tex-Mex Rice, Mint Frosted Brownies

Dinner: Pasta Night: Penne, Farfalle, Linguini & Whole Wheat Spaghetti, Marinara, Meat Sauce, A La Vodka Sauce, Pesto Alfredo, Italian Sausage, Vegetarian "Meatballs", Steamed Green Beans, Steamed Yellow Squash, Garlic Bread, Cannoli Cake

# 4/9 Wednesday:

Breakfast: Oatmeal, Hard Boiled Eggs, Scrambled Eggs, Eggs Benedict, Cinnamon French Toast, Canadian Bacon, Fakin' Bacon, Crispy Cubed Potatoes, Yellow Squash

Lunch: Curried Lentil Soup, Four Cheese Pizza, Grilled Chicken Breast, Sweet Potato Cakes, Black Bean Stew, Nantucket Blend Vegetables, Steamed Brussels Sprouts, Apple Orchard Bars

Dinner: Asian-Crusted Turkey Chops, Broccoli, Soy "Beef" Strips and Cellophane Noodles in a Black Bean Sauce, Stir-Fried Vegetables, Steamed Bok Choy, Steamed White Rice, Green Tea Honey Cake with Whipped Cream

## 4/10 Thursday:

Breakfast: Cream of Rice, Hard Boiled Eggs, Scrambled Eggs, Mexican Scramble, Eggs to Order, Chocolate French Toast, Sausage Links, Vegan "Sausage", Hash Browns, Cauliflower

Lunch: Golden Corn Chowder with Roasted Chilies, Meat Lover's Pizza, Gourmet Burger Bar, Boca Burgers with Peppers and Onions, Macaroni and Cheese, Steamed Peas, Spicy Fries, Broccoli & Carrots, Lemon Bars

Dinner: Bourbon and Brown Sugar Flank Steak, Broccoli Noodle Bake, Tomato-Lentil Dahl with Toasted Almonds, Steamed Kale, Steamed Zucchini, Candied Yams, Starburst Cake

# 4/11 Friday:

Breakfast: Oatmeal, Hard Boiled Eggs, Scrambled Eggs, Greek Scramble, Eggs to Order, Cook's Choice Pancakes, Bacon Strips, Fakin' Bacon, Country Potatoes, Broccoli

Lunch: Tomato Soup, Meat Lover's Pizza, Grilled Cheese Sandwiches, Fish Sticks with Tartar Sauce, Broccoli and Tofu in Peanut Sauce, Basmati Rice, Lemon Dill Carrots, Yellow Beans and Roasted Red Peppers, French Fries, Mocha Double Fudge Brownies

Dinner: Pizza Night: Three Cheese Pizza, Meat Lover's Pizza, Garden Vegetable Pizza, Vegan Garden Pizza, Spicy Chicken Wings, Steamed Green Beans, Steamed Spinach, Raspberry Supreme Cake

### 4/12 Saturday:

Brunch: Soup of the Day, Cheesy Grits, Hard Boiled Eggs, Scrambled Eggs, Denver Scramble, Cinnamon French Toast, Frizzled Ham, Crispy Cubed Potatoes, Yellow Squash

Dinner: Yankee Pot Roast, Tofu Stroganoff, Steamed Peas and Pearl Onions, Steamed Baby Carrots, Parsley Boiled Potatoes, Peanut Butter Fudge Cake,

#### 4/13 **Sunday**:

Brunch: Soup of the Day, Maypo, Hard Boiled Eggs, Scrambled Eggs, Fried Eggs, Bacon, Egg and Cheese Biscuits, Turkey Sausage Links, Vegan Sausage, Home Fries, Spinach, Omelet Station

Dinner: Rotisserie-Style Chicken with a Mediterranean Wet Spice Rub, Butternut and Spinach Lasagna, Sauteed Greek-Style Tofu, Steamed Yellow Squash, Steamed Purple Kale, Steamed White and Wild Rice Blend, Ice Cream Sundae Bar