

This workshop offers a unique twist on traditional consent workshops by linking intentional, consensual communication to greater sexual pleasure. This workshop will first explore how to ask for and give consent and second, teach about sexual pleasure in order to draw the connection between deliberate communication and better sex to highlight how consent plays an integral role in sexual pleasure and partnered intimacy. Participants will leave feeling more informed about how to give & receive sexual pleasure, consensually!

This workshop aims to be open to all sexual identities, orientations and bodies & is taught with the belief that our sexual experiences & selves exist on a spectrum. Participants are encouraged to reflect this mission in their language used & questions asked during the workshop.