

WEDNESDAYS AT 7:30PM
MEYER REC BARN

A cartoon image of SpongeBob SquarePants standing on a blue platform, looking shocked with his mouth wide open. He is being weighed on a scale. A purple ghost is hanging from the scale's arm on the left, and a blue cat is hanging from it on the right. A sign in the background reads "IT'S PAIN" with a red heart symbol. A speech bubble points to SpongeBob.

get swole

FITNESS AT
BENNINGTON