

Bennington College Weekly Menu: May 28-June 1			
	Breakfast	Lunch	Dinner
Always Available	Chilled Juices--Cold Cereals Bennington Granola--Fresh Bagels Yogurt Bar with toppings MOY Waffle Bar--Vegan Waffles Fresh Fruit	Salad and Deli Bar--Pasta Station Daily Pizza--Fresh Fruit--MOY Vegan dish Yogurt Bar with toppings Refried Beans--Brown Rice--Black Beans Ice Cream and Sorbet with Toppings	Salad and Deli Bar--Pasta Station Daily Pizza--Fresh Fruit--MOY Vegan dish Yogurt Bar with toppings Refried Beans--Brown Rice--Black Beans Ice Cream and Sorbet with Toppings
Monday	Hot Oatmeal or Maypop Cereal Cage Free Eggs: Hard Boiled Scrambled--Scrambled Pancakes Potatoes Bacon Broccoli Orange Muffins	Cheese Chicken Tenders Tofu Artichoke Melts Vegetable Spring Rolls Yam & Ginger CousCous Steamed Swiss Chard Steamed Green Beans Chocolate Raspberry Bars	Grilled Rosemary Chicken Butternut Squash & Spinach Lasagna Crispy Tofu & Greens Rice Pilaf with Lentils Steamed Mixed Vegetables Chocolate Cream Pie with Whipped Topping
Tuesday	Hot Oatmeal or Cream of Wheat Cereal Cage Free Eggs: Hard Boiled Scrambled--Scrambled Raisin French Toast Breakfast Tofu Smart Links Lemon Poppy Seed Bread	Western Cinnamon Pan Seared Sausage Links Hash Browns	Pear & Pumpkin Soup MYO Fajita: Beef-Chicken-Tofu with Mexican Topping Bar Steamed White Rice Steamed Carrots Steamed Corn Refried Beans Apple or Blueberry Cobbler with Whipped Topping
Wednesday	Hot Oatmeal or Wheaten Cereal Cage Free Eggs: Hard Boiled--Scrambled MOY Eggs Benedict or Florentine: Poached Eggs Canadian Bacon--Steamed Spinach Hollandaise Sauce--Toasted English Muffins Banana Walnut Pancakes Turkey Bacon--Tater Tots All Bran Muffins	Curried Lentil Soup Gourmet Hot Dog Bar--Tofu Pups Baked Beans with brown sugar topping Monterey Bake Steamed Brussels Sprouts Steamed Peas/Spiral Fries Vegan Zucchini Brownies	Spicy Pork Tinge Puebla Roasted Salmon with Red Pepper Sauce Vegetables and Tofu with Smoked Paprika Herbed Orzo in Olive Oil Steamed Spinach Steamed Baby Carrots Ginger Bread with Whipped Topping
Thursday	Hot Oatmeal or Maypop Cereal Cage Free Eggs: Hard Boiled Scrambled--Scrambled Chip Pancakes Gravy with Biscuits Tofu Potatoes Chocolate Raspberry Crumb Cake	Garden Chocolate Sausage Scrambled Crispy Cubed White	Chickpea & Rosemary Passata Breaded Chicken Breast Tofu Stir Fry Sweet Potato Cakes with Warm Applesauce Chef's Vegetable Medley Steamed Swiss Chard M&M Brownies
Friday	Hot Oatmeal or Cream of Wheat Cage Free Eggs: Hard Boiled-- Scrambled Fried Eggs Maple Pecan Pancakes Tater Tots Bacon--Fakin' Bacon Steamed Zucchini Apple Cinnamon Muffins	Cream of Asparagus Soup Grilled Monte Cristo Sandwich Shoestring French Fries Grilled Swiss and fresh Basil on Rye Sautéed Beef tips over Steamed Jasmine Rice Steamed Peas and Onions/Herbed Zucchini Lemon Cheesecake Bars	Commencement Dinner Commons Lawn
		Brunch	Dinner
Saturday		Have a Great Summer!	
		Brunch	Dinner
Sunday			
Meal Hours:			
Monday - Friday		Saturday/Sunday	
Continental:	7:00a - 7:30a	Cont:	8:00a - 11:00a
Breakfast:	7:30a-9:00a	Brunch:	11:00a-12:00p
Continental:	9:00a- 10:00a	Cont:	12:00p- 1:00p
Lunch:	11:30a - 1:30p	Dinner:	5:00p - 6:30p
Dinner:	5:00p - 6:30p		Menu subject to change.
			Cycle 3.0