



HEALTHY RELATIONSHIPS WITH FOOD

WE WILL BE OFFERING TWO 5 WEEK LONG GROUP SESSIONS TO DISCUSS WAYS TO ADDRESS AND IMPROVE YOUR RELATIONSHIP WITH FOOD AND YOUR BODY IMAGE.

THE **SECOND SESSION** WILL MEET **TUESDAYS FROM 12-1PM** STARTING **MAY 3** IN THE CROSSETT LIBRARY READING ROOM. ANY QUESTIONS, PLEASE EMAIL PENNY OWEN (POWEN@BENNINGTON.EDU) OR KATIE CLOVER (KATIECLOVER@BENNINGTON.EDU)

