



Career Development, Field Work Term & Student Employment

Ways to Meet With Us Remotely

Updated Virtual Walk-in Hours! Our office is offering virtual walk-in hours **on Tuesdays and Thursdays from 1 pm to 2 pm EST**. Virtual walk-in slots are only 15 minutes and require no previous registration. If your particular situation calls for a longer time together, please schedule a standard appointment [via Handshake](#). In order to ensure others' privacy, if one of our counselors is already meeting with another student, you will be directed to Zoom's waiting room until the next meeting is shortly available.

Tuesdays 1 - 2 pm:

[First-year & Summer Deferral Advising](#)

Meeting ID: 734 353 850

Thursdays 1 - 2 pm:

[FWT Returning Students & Senior Career Advising](#)

Meeting ID: 747 665 0200

If you can't connect during the walk-in hours, all of our appointment types and times are still available and will now be conducted remotely via phone or video call. When booking your appointment in [Handshake](#), just choose Phone Call, Google Hangout or Video Call in the Appointment Medium drop down menu. Be sure to include your contact information for the chosen appointment.

Flexible Options For Students Deferring Their Field Work to the Summer

Due to the unfolding COVID-19 health crisis, students who deferred their Field Work Term to this summer have been offered a range of flexible FWT options. These include: remote internships, online professional trainings, proposing a current or previous campus job for FWT, proposing an anticipated 2020-2021 campus job for FWT, or proposing to delay completion of your FWT to summer 2021. We want you to know that our office is here to help you navigate any challenges you might face due to the current situation. We will be reaching out in the upcoming weeks to discuss individual action plans and ways to best support your individual needs and circumstances. If you have any questions, please utilize our new virtual walk-in hours for First Years and Summer Deferral Students listed above.

Senior Career Advising








These are extremely challenging times, but we are still here to help with your post-graduation plans. Our Career Counselor Steven Young is available for advising on career goals, networking, interview preparation, resume and cover letter revision, digital profile creation, and more. We are here to talk through how to navigate the current situation and support you in making the next step toward your goals. Be on the lookout for a weekly email with more in-depth Senior Career Advising Resources. You don't have to figure it all out on your own! Please continue to utilize our [office and resources](#) and our new [Senior Career Resources](#) document. Make an appointment on [Handshake](#) or check-in during our new virtual walk-in hours for Seniors listed above.

Micro-internships

[Parker Dewey](#) is a free resource for finding "micro-internships" - short-term, paid, professional projects that can be completed remotely. The platform is available to all college students from US-based institutions (including international students provided you obtain the needed paperwork and approval), and provides an effective way to demonstrate skills, build professional networks, and explore career paths while getting paid. The network is also open to recent graduates who are trying to land the right **full-time role**. To get started, sign up for a "Career Launcher" account at the link above.

ANNOUNCEMENTS

CURRENT EVENTS

-  **FYF Workshop: Co-Leader Plan Process Panel Discussion.** Join FYF Co-Leaders as they share their experiences with the Plan Process at Bennington. How did they decide on the central inquiry of their Plan? How did they work with the faculty advisor to draft and revise their Plan Proposal? How did their Plan shift and evolve over time? There will be time for students to ask questions and learn more about the ins and outs of the Plan Process on Thursday, May 14 at 12:30 pm. [Join Zoom Meeting](#)
ID: 91427685724
Password: D36mddmz
-  **Music Sundays on B-Rad – Spring 2020 B-Rad Radio Podcast Release: Music & Migration** on Thursday, May 14 at 5:00 pm, a Virtual Event. In this week's podcast, we explore music and migration: how might songs transcribe and preserve the identities, memories, traumas, joys, and hopes of individuals and whole communities? Music Sundays on B-Rad presents an extended re-broadcast of B-Rad Radio Podcast Release: Music & Migration. Listen at [benningtonradio.com](#).
-  **Don't forget Housing Coffee Hour** is this Sunday, May 17. Connect with your House Chairs or Housing if you have any questions. If you are unable to secure a room during Coffee Hour, you'll be able to enter the Lottery on Friday, May 22.
-  **Senior MusicFest and Double Album Release!** On Sunday, May 17 at 5pm on **B-Rad**: <http://benningtonradio.com/>
-  **Resilience Gardening in Bennington** on Monday, May 18 at 11:00 am, a Virtual Event. CAPA and the Robert Frost Stone House Museum will host a webinar on Resilience Gardening in Bennington, featuring some of our community's expert gardeners who will answer your questions on everything from compost to keeping your plants healthy to saving seeds, and much more. We will also discuss our "Grow a Row" campaign, where we are encouraging local gardeners to grow an extra row of vegetables to donate to families in need. To register for this event, please register on [Zoom](#). For more information, please see the [Facebook Event](#).
-  **Music Composition Intensive: SoundCloud Showcase.** Launch event Monday, May 18 at 12 noon: <https://www.facebook.com/events/263107761399251/>
-  The Bennington College Wellness Committee is happy to announce the **Second Annual It's the End of the Term As We Know It 5K run/walk**. We look forward to running or walking with everyone virtually - Thursday, May 21 to Sunday, May 24. [Sign up online](#) by Wednesday, May 20. Participants are encouraged to support our on-campus students by making an (optional) donation to support the FLoW pantry at [Fundly](#). For those that want to "start" together - we'll be holding a [Zoom meet](#) on Saturday, May 23 at 10:00 am (Eastern Standard Time) as we kick off a run or walk together. Rise VT is offering a free, virtual 5K training program. Meetings will take place weekly on Wednesdays at 5:30 pm and Saturdays at 9:00 am. For more information and to register, visit: <https://risevt.org/rise-to-5k-statewide/>.

Please email all College Week submissions to collegeweek@bennington.edu by Monday at noon for inclusion the following week.

24 HOURS • EVERYDAY • MAY 13 THROUGH MAY 19

CALENDAR OF EVENTS

WEDNESDAY, MAY 13

9:00 am International Student's Open Hours with Kate, see Announcements for meeting details.

11:30 am Virtual tabling with Ali, see Virtual Support Groups for meeting details.

THURSDAY, MAY 14

9:00 am Let's Talk, Confidential Support Group, see Let's Talk box for details

12:30 pm International Student's Open Hours with Kate, see Announcements for meeting details.

12:30 pm FYF Workshop: Co-leader Plan Process Panel Discussion, see Announcements for details

1:00 pm FWT Retr. Student & Snr. Career Advng., see Career Devel., FWT & Student Employ. box

5:00 pm B-Rad Radio Podcast Release, see Announcements for details

6:00 pm Flow Collective meeting via Zoom, see Announcements for meeting details.

7:00 pm Sexual Assault Survivors Support Group, see Virtual Support Groups for meeting details.

FRIDAY, MAY 15

12:30 pm Transition Back to Bennington with Ali, see Virtual Support Groups for meeting details.

12:30 pm International Peer Support Group, see Announcements for meeting details.

SATURDAY, MAY 16

1:00 pm Cyber Sober Pizza with Ali, see Virtual Support Groups for meeting details.

2:00 pm Wellbeing Group with Ali, see Virtual Support Groups for meeting details.

3:00 pm Recovery Group with Ali, see Virtual Support Groups for meeting details.

4:00 pm Grief and Loss Support Group with Ali, see Virtual Support Groups for meeting details.

8:00 pm FLoW Collective Viewing Party, see Announcements for details

SUNDAY, MAY 17

All Day Housing Coffee Hour, see Announcements for details

5:00 pm Senior MusicFest and Double Album Release, see Announcements for details

8:00 pm Go with the FLoW radio program, see Announcements for details

MONDAY, MAY 18

10:00 am Zoom Mindfulness Group, see Announcements for meeting details.

11:00 am Resilience Gardening in Bennington, see Announcements for details

12:00 pm Music Composition Intensive: SoundCloud Showcase, see Announcements for details

4:30 pm Let's Talk, Confidential Support Group, see Let's Talk box for details

5:00 pm International Student's Open Hours with Kate, see Announcements for meeting details.

6:00 pm Read, Bennington, Read!, see Announcements for details

TUESDAY, MAY 19

1:00 pm First Year & Summer Deferral Advising, see Career Devel., FWT & Student Employ. box

3:00 pm International Peer Support Group, see Announcements for meeting details.

Academy of American Poets Prize

We are excited to announce that poet Khadijah Queen has selected the poem "Tempered Clavier" by **Delillah Silberman '21** as the winner of this year's Academy of American Poets Prize Competition out of 72 poems submitted by 24 Bennington students. Additionally, the poem "Q&A" by **Luciana Arbus-Scandiffo '20** has been selected as the Honorable Mention in this year's contest. Congratulations to Delilah and Luci, and thank you to everybody who submitted their work.

BENNINGTON COLLEGE STUDENT HEALTH PROMOTION VIRTUAL SUPPORT GROUPS

- **VIRTUAL TABLING WITH ALI:** stop by and ask a question or just say "Hi", Wednesdays from 11:30 am to 12:30 pm.
- **SEXUAL ASSAULT SURVIVORS SUPPORT GROUP WITH ALI:** Thursdays at 7:00 pm.
- **TRANSITIONS BACK TO BENNINGTON WITH ALI:** for students who have been away from Bennington for a term or more, Fridays at 12:30 pm.
- **CYBER SOBER PIZZA WITH ALI:** Saturdays at 1:00 pm.
- **WELLBEING GROUP WITH ALI:** Support group for students with chronic health conditions, Saturdays at 2:00 pm.
- **RECOVERY GROUP WITH ALI:** Saturdays at 3:00 pm.
- **GRIEF AND LOSS SUPPORT GROUP WITH ALI:** Saturdays 4:00 pm.

Join Zoom Meeting: <https://zoom.us/j/4424345023>

Meeting ID: 442 434 5023

REMOTE CONTACT INFORMATION Email to set up Google Hangout or phone call.

PRESIDENT'S OFFICE (BARN 125)

ISABEL ROCHE, Interim President of the College: contact: Shannon Howlett: shannon-howlett@bennington.edu.

DELIA SAENZ, VP for Institutional Inclusion, Equity and Leadership, deliasaenz@bennington.edu.

DEAN'S OFFICE (BARN 123)

JOHN BULLOCK, Acting Provost: contact Meredith Meurs: mmeurs@bennington.edu.

LAURIE KOBICK, Dean of Studies: contact Kelly Hayes: kellyh@bennington.edu.

OCEANA WILSON, Acting Dean of the College & Dean of the Library, owilson@bennington.edu.

ALUMNI RELATIONS OFFICE

By appointment: alumnirelations@bennington.edu

ACADEMIC SERVICES (BARN 120)

NOELLE EVERETT MURPHY, Assistant Dean for Academic Services: nmurphy@bennington.edu.

KATY EVANS, Academic Services & Accommodations Counselor, katyevans@bennington.edu.

STUDENT HEALTH CENTER

ALI TARTAGLIA, Director of Student Health Promotion: alisontartaglia@bennington.edu.

FWT & CAREER DEVELOPMENT OFFICE (BARN 112)

FAITH MCCLELLAN, Director of Field Work Term and Career Development: contact Brenda Mercure: brendamercur@bennington.edu.

FWT Planning, Senior Career Advising, Campus Employment Assistance: campusjobs@bennington.edu.

STUDENT LIFE OFFICE (BARN NORTH)

NATALIE BASIL, Dean of Students: Contact Christine Congelosi-Lulla: ccongelosi-lulla@bennington.edu.

CHRISTINE WINGET, Associate Dean of Student Life: email: christinewinget@bennington.edu.

FIRST YEAR EXPERIENCE & INTERNATIONAL SERVICES (BARN NORTH)

KATE CHILD, Assistant Dean for Academic Services: kchild@bennington.edu.

RAGE HEZEKIAH, First Year & International Student Counselor: ragehezekiah@bennington.edu.

OFFICE FOR STUDENT ENGAGEMENT (UPCAF)

MATT SCOTT, Director for Student Engagement: mscott@bennington.edu

SAM CLEMENT, Assistant Director of Residential Life: sclement@bennington.edu.

SARAH BLIZZARD, Assistant Director of Residential Life: sarahblizzard@bennington.edu

Looking for more information on the events listed here? Try the online event calendar at

www.bennington.edu

College Week

ON GOING EVENTS

Open Hours for International Students with Kate:

Monday's 5 pm - 6 pm EST

Join Zoom Meeting

ID: 242378179

Password: rr706r

Wednesday's 9 am - 10 am EST

Join Zoom Meeting

ID: 439514580

Password: d55zmk

Thursday's 12:30 - 1:30 pm EST

Join Zoom Meeting

ID: 578419470

Password: 72x1xv

FLoW Collective: Please join Kelsey (FLoW Intern) and me for a virtual FLoW Collective meeting Thursday at 6 pm EST in Zoom. These are trying times. We have been displaced. We are working with what we have and none of us have signed up for this. Let's do what we do best: come together, bear witness for each other, laugh, and celebrate the silver lining - if/where we can find it. BYOS bring your own snacks.

Thursday's 6 - 7 pm EST

Join Zoom Meeting

ID: 221091678

Password: brq4al

International Student Peer Support Group: Whether you are on campus, with a friend or relative in the US, at home, or in a third country we know that you are experiencing a wide range of challenges and emotions. The IS Peer Support Group proved to be a good place for students to come together in the Fall and the start of the Spring term. Let's keep this going in the virtual realm. Join Rage and Lesley Brodie from Psychological Services for two weekly:

Tuesday's 3 pm - 4 pm EST

Join Zoom Meeting

ID: 272947194

Password: jsxhp5

Friday's 12:30 - 1:30 pm EST

Join Zoom Meeting

ID: 243129542

Password: ppx4lx

Saturdays at 8 pm EST FLoW Collective Viewing Party! Join FLoW students for a weekly viewing party!

[Join Zoom Meeting](#)

ID: 623759255

Password: ilrj6l

FLoW radio program on Sundays at 8 pm EST "Go with the FLoW" radio show hosted by Jann Moreno!

Each week Jann interviews a different FLoW student who shares their experience, interests, work, passions, and favorite music. <http://benningtonradio.com>.

Zoom Mindfulness Group: Join Rage on Monday mornings and start your week by getting centered. We'll begin with a brief meditation and then open up the group for sharing. Coming back to the breath can help us find ground during this uncertain time. Let's all breathe together!

Mondays 10-10:30am

Join Zoom Meeting

ID: 404513652, Password: o2l7me

Read, Bennington, Read on Mondays at 6pm EST / 3pm PST for the rest of term, Piety Exley will host a no-stress study group dedicated to silent reading together on Zoom. The link to join is at bit.ly/benningtonreads.

Career Development, Field Work Term & Student Employment Continued

Campus Jobs

If you are working in a remote campus job and have any questions or need assistance—such as how to log your hours in TimesheetX, or navigating workplace issues—please contact campusjobs@bennington.edu.

College Week

Let's Talk

Are you feeling Anxious, Worried, Depressed, Confused, Alone, Afraid, Sad, Lonely or anything else due to what we are all experiencing? Then Let's Talk is for you. It is a confidential, free, open, virtual support group offered by Psychological Services.

Every Monday 4:30 - 5:30 pm with Penny Owen

<https://meet.google.com/dki-huza-vvu>

Every Thursday 9:00 - 10:00 am with Kat Daly

<https://meet.google.com/dki-huza-vvu>

Any student, on campus or remote, is encouraged to join this free, confidential, drop-in support group via Google Meet.

For more information contact Lori Willis at healthservices@bennington.edu or ext. 4426.

FYF First-Year Fun! Katie Montovan is currently the Associate Dean of Advising, leading the First Year Forum initiatives AND a Math faculty member. Katie uses puzzle's in her math classes to help students learn ways to approach novel problems and think more creatively and in FYF to encourage a growth mindset. (You can check out [Katie's faculty page on the Bennington website](#) to learn a little more about Katie and consider taking a course with her in the future!) **Each Tuesday for the rest of the Spring 2020 term**, Katie will post a puzzle [on the Class of 2023 facebook page](#). Each puzzle is solvable and you don't need prior knowledge to find the answer. Be open, give each puzzle some thought, and have fun! Each week, when you have an answer to the puzzle share it via [this form](#) by Sunday night. All of the correct answers will be entered into a drawing for a \$20 gift card to a vendor of your choice.

FYF We encourage first year students to join the Bennington College Class of 2023 Facebook page where Kate, Rage, and the FYF co-leaders are building and maintaining community now that we have moved to remote instruction and advising.

The Wellbeing Team is asking students to record and share "Life Hack" style videos of solutions they've discovered or invented in these complex times! These can also showcasing what you've been up to and using to cope with quarantine. Please email your submission to suzannasylvain@bennington.edu, or for more info.

The Quarantine Cookbook Are you cooking up a storm in quarantine? The Quarantine Cookbook is a collaborative student recipe sharing project for Bennington students away from campus. Send us recipes of your home-cooked soul food and nourish the Bennington community with your culinary experiments. Submit a recipe with a photo of your dish to soumyashailendra@bennington.edu or @meyerrecbarn on Instagram.

Create + Share A fundamental part of our Bennington community is the knowledge that what we create is rarely unseen, unread, or unheard. Now that our community is scattered across the world, it can be difficult for an individual to share the work they're creating—either for class, or their personal creative pursuits—or to appreciate and learn from the work of their peers. To share your work with the Bennington community, please send any created work—visual art, writing, music, performance art, etc.—to sarahlore@bennington.edu or @meyerrecbarn on Instagram with the subject Create + Share.

E-sports Do you want to play online games with other Bennington students, but aren't sure how to connect? Join the Bennington E-sports Discord (free and easy sign-up) to get connected and start playing! <https://discord.gg/6htSMKy> We will create leagues, tournaments, and foster community. If you have any questions contact Sam Clement sclement@bennington.edu.

College Week

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