

Amar Sahay '97 Awarded \$2.75 Million To Study How The Brain Curbs Fear

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Neurobiologist Amar Sahay '97 has been awarded a \$2.75 million grant from the National Institute of Mental Health to explore how the brain curbs fear, with the goal of developing new therapeutic strategies to help people with generalized anxiety disorder or post-traumatic stress disorder.

"A fundamental challenge in the field of psychiatric diseases is to identify neurobiological mechanisms underlying discrete components or endophenotypes of these disorders," said Sahay, who is a Principal Faculty member of the Harvard Stem Cell Institute, and an Assistant Professor in Psychiatry in the Center for Regenerative Medicine at Massachusetts General Hospital, Harvard Medical School.